

PHONE PEER COUNSELOR APPLICATION

AMALA Hopeline Mission

The Amala Hopeline aims to provide an accessible means of completely confidential, culturally competent peer counselling and resource referral for Muslim Youth.

Position Description

A phone peer counselor would attend and answer incoming calls to the hotline in an empathetic, understanding, and effective manner. The individual will employ counseling skills to listen to incoming distress calls from Muslim youth and refer them to resources that may be able to serve as helpful resources.

Position Qualifications

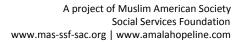
All Individuals applying to this position MUST:

- 1. Be 18 years of age or older. We prefer callers between the ages of 18-30, as this is a youth peer counseling hotline.
- 2. The individual must be able to dedicate at least four hours of volunteer work a week for a minimum of a year and must be able to attend a 30-hour training over the course of a few days. Hourly commitment varies per counselor.
- 3. Trained volunteers may be able to route phone calls to personal lines. In this case, the individual must be able to be in a quiet, distraction-free atmosphere during their shifts so that they can focus on their calls.
- 4. Counselors who are able to drive to the Sacramento office are preferred, however rollover calls can be negotiated depending on prior experience.
- 5. The individual must be mentally and emotionally prepared to deal with distressing phone calls.
- 6. The individual should have an interest in mental health, and a general idea of what mental health issues are existent in the Muslim youth community.

Applicant Personal Information

Last Name	First Name		Middle Name		
				Но	
me Address	City	State	Zip Code	_	
				Но	
me Phone	Cell Phone		E-mail Address	_	
				_So	

cial Security Number (Used exclusively for the purpose of background checks)





Emergency Contact Information

Name	Relationship	
Home Phone	Cell Phone	
Experience (Both Paid a	nd/or Volunteer)	
1 Organization	Position	
		Fr
om (month/year)	To (month/year)	· ·
		Su
pervisor Name	Supervisor Contact (Email o	r Number)
2		Or
ganization	Position	
		Fr
om (month/year)	To (month/year)	
pervisor Name	Supervisor Contact (Email o	Su r Number)
3		Or
ganization	Position	
		Fr
om (month/year)	To (month/year)	
	0 1 1/5	Su
pervisor Name	Supervisor Contact (Email o	r Number)
List any education/traini	ing you have:	
Institution	Degree/Certification	Date Attended





Short Answer

Please a	answer t	he f	followi	ng in	300	words	or	less.
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1)	Why are you interested in working as a phone counselor for this hotline?
2)	What qualities or experience do you have that would help you succeed as an Amala peer counselor?
3)	What do you think are the top three prevalent stressors that contribute to mental health issues in the community?
4)	How do you manage stress in your life?
5)	List and explain three principles by which you give advice to others. These can include factors you take into consideration when advising, perspectives you use when advising, etc.





6) Sample Case Study: A 19-year old Muslim male calls in and tells you that is is stressed out because he is secretly dating a girl without the knowledge of his parents. He knows that if his parents find out, there will be consequences. The weight of keeping this a secret is taking a toll on his relationship with his parents and other aspects of his life such as academics. He doesn't want to break up with his girlfriend, or want his parents angry with him. How would you counsel this caller?

Submitting the Application:

Once you have filled out the application, please email it as an attachment to info@amalahopeline.com

Please remember to:

- Title the document as: "Last Name, First Name"
- Title the email subject: Peer Counselor Application: Last Name, First Name
- If anything is unclear regarding the job description, requirements, or application, please email us at the same email address, but title the email: "Peer Counselor App Inquiry".